

Parent Resources for Dysgraphia

What can parents do to help their child with Dysgraphia?

1. Play with clay to build hand strength
2. Use tweezers or tongs to pick up small items to help build hand strength
3. Keeping lines within mazes to develop motor control
4. Connecting dots and dashes to create complete letter forms (free printable handwriting sheets from www.spellingcity.com/handwriting.html)
5. Stringing beads (wooden or plastic)
6. Forming letters, shapes, and designs in salt/sand trays
7. Writing on vertical and horizontal spaces using a variety of materials (shaving cream on a mirror, tempera paint in a Ziploc bag and Wikki Stix)

After children learn to form legible letters, they could benefit from activities that help them develop letter writing automatically. The following activities are beneficial:

1. Writing brief letters - ex. thank-you notes, to-do lists, recipes, shopping lists, and parent-child response journals, with or without a copy
2. Solving word hunts with specific syllable or morpheme patterns
3. Practice writing the alphabet or a handwriting curriculum
(<https://www.lwtears.com/freeresources> - Free handwriting resources)

Please feel free to contact the HISD Special Programs Department at 903-668-5990 ext. 5045 or contact the following campus 504 coordinators if you suspect your child may qualify for dysgraphia services:

East Elementary - Courtney Thomas or Ashley Zucosky

North Elementary - Kimberly Headrick or Tracy Conway

Hallsville Intermediate - Kimber Rice or Shannon Black

Hallsville Junior High - Jennifer Roberts or Donese Simmons

Hallsville High School - Melissa Watson (9th), Nancy White (10th), Angie Dockery (11th), Aimee Lee (12th)

It is the responsibility of Hallsville Independent School District to provide parents with "specific contact information for the campus point of contact, relevant Parent Training and Information Projects, and any other appropriate parent resources." This is according to the adopted amendment to [19 Texas Administrative Code \(TAC\) Chapter 74 Subchapter C](#).