



SHAC MEETING MINUTES

Date: 09/09/2024

Attendees	Agenda
<div><div>Amy Whittle</div><div>Audry Trest, Stuco</div><div>Amy Parham</div><div>Amber Holt</div><div>Jacob Trest</div><div>James Golden</div><div>Tracy Dewoody</div></div>	<ul style="list-style-type: none">● Food service● Community Fair● Scheduled SHAC meeting dates● SHAC duties

Updates	Action Items
<p>The local school health advisory council's duties include recommending:</p> <ul style="list-style-type: none">● The number of hours of instruction to be provided in K-8 health education and if the school district requires health education for high school graduation and health education in grades 9-12;● Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes, and mental health concerns, including suicide, through coordination of health education (which must address physical health concerns and mental health concerns to ensure the integration of physical health education and mental health education), physical education and physical activity, nutrition services, parental involvement, instruction on substance abuse prevention, school health services including mental health services, a comprehensive school counseling program, a safe and healthy school environment, and school employee wellness● Appropriate grade levels and methods of instruction for human sexuality instruction ● Strategies for integrating the curriculum components specified above with the following elements in a coordinated school health program for the district: ○ school health services, including physical health services and mental health services, if provided at a campus by the district or by a third party under a contract with the district; ○ a comprehensive school counseling program; ○ a safe and healthy school environment; and ○ school employee wellness.● Joint use agreements or strategies for collaboration between the school district and community organizations or agencies, if feasible● Strategies to increase parental awareness regarding risky behaviors and early warning signs of suicide risks and behavioral health concerns, including mental health disorders and substance use disorders; and available community programs and services that address risky behaviors, suicide risks, and behavioral health concerns● Appropriate grade levels and curriculum for instruction regarding the dangers of opioids, including instruction on opioid addiction and abuse, including addiction to and abuse of synthetic opioids such as fentanyl, and methods of administering an opioid antagonist, as defined by Health and Safety Code, §483.101● Appropriate grade levels and curriculum for instruction regarding child abuse, family violence, dating violence, and sex trafficking, including likely warning signs that a child may be at risk for sex trafficking, provided that the local school health advisory council's recommendations under this subdivision do not conflict with the essential knowledge and skills developed by the State Board of Education under this subchapter.	<ul style="list-style-type: none">● HISD food services will be updating the HHS and HJS menu, including a la carte options, main line and are currently pricing equipment to add a coffee bar for HHS. There will be a student Google survey for additional input. October 1st food services will offer Asian sampling during their Global Eats at HHS.● Note: breakfast options are available to students even after the open meal is closed. Any student who missed the meal time, or who are noticeably hungry, can receive on-the-go options.● Community fair is set for tomorrow, Sept 10 at HHS. There will be parent education classes including vaping presentations from Mandy Watson, Stop the Bleed from Officer Trest, Suicide prevention from Donese Simmons and Internet safety from The Martin House.● 2024-2025 SHAC meetings are set for 11/18/2024, 2/10/2025 and 4/14/2025, 4pm at the North Elementary Conference room.

Final Announcements
<ul style="list-style-type: none">● Motion to adjourn made by Amy Whittle at 4:42pm● Next Meeting: November 18, 2024